

But is it JUST A VITAMIN?

WITHOUT ENOUGH VITAMIN B12 YOUR BODY WILL STRUGGLE TO:

- MAINTAIN A HEALTHY NERVOUS SYSTEM
- PRODUCE HEALTHY DNA
- CREATE HEALTHY RED BLOOD CELLS



THE SIGNS, SYMPTOMS, AND CONDITIONS LISTED BELOW ARE SOME OF THE POSSIBLE INDICATORS AND/OR COMMON MISDIAGNOSES OF VITAMIN B12 DEFICIENCY:

B12 Deficiency & Pernicious Anaemia Awareness Week 2022
19th - 25th Sept

NEUROPATHY BRAIN FOG

ALZHEIMER'S PARKINSON'S

DEMENTIA

VERTIGO

ANAEMIA

ANXIETY

MANIA

ME

CFS

ADHD

ALOPECIA

INFERTILITY

UNEXPLAINED HEALTH ISSUES

FUNCTIONAL NEUROLOGICAL DISORDER (FND)

MULTIPLE SCLEROSIS

BIPOLAR DISORDER

CHRONIC FATIGUE

TINGLING NUMBNESS

COGNITIVE DYSFUNCTION

FORGETFULNESS

SIGHING

AUTISM

DIZZINESS

FIBROMYALGIA

TREMOR

ATAXIA

We provide support and education for health professionals & patients



Still think it's **JUST A VITAMIN?**

www.theb12society.com

Scottish Registered Charity no. SC046066

B 1 2 - B e A w a r e - B e W e l l !